

## HEALTH ROOM GUIDELINES

If a student becomes ill or injured during the school day, he/she will report to the health room. Parents, guardians or their designees will be contacted if a student is too ill to remain at school. Please see the school website's health page for more information about our school illness guidelines.

### Health Care Plans

If your child has a health condition such as asthma, severe allergies, diabetes, seizures, migraines, or any other health concern, please obtain a health care plan from the health room or online. You may also contact the District Nurse to discuss your child's health needs. We would appreciate having a health plan on file prior to August 22nd to ensure safety and promote a healthy learning environment.

### Prescription Medications

School officials will only dispense prescribed medication if the prescription drug is supplied by the parent/guardian in the original pharmacy-labeled package/bottle. The packaging must specify the student's name, the prescriber's name, name of the medication, dose, the effective date, and the directions for use. A parent/physician medication form is filled out for any medication not included on a current health care plan or any medication changes made by physician throughout the school year. **Parent and physician signatures must be obtained prior to us administering any prescription medications to students.**

Emergency medications, such as Epi-pens or inhalers may be carried by a student **only** if both the parent and physician consent forms are completed and the physician deems it safe for the student to self-administer. Certain medications, such as controlled substances, will not be eligible for self-administration. \*Note: if your child's signed health care plan lists all medications to be taken at school, you do NOT need to provide an additional medication consent form.

### Over the Counter Medications

A parent consent form is necessary for school officials to administer any over the counter medication to a pupil. Examples of such medications are Tylenol, ibuprofen, Benadryl and cough drops. For the safety of all students, medication should be brought to and stored in the health room for proper dispensing. All over the counter medications must be supplied by the student's parent or guardian in the original manufacturer's package. The package must list the ingredients and recommended therapeutic dose. Any request for administration of medication outside the recommended therapeutic dose can **only** be honored with the written permission of the student's health care provider.

All medication consent forms can be obtained on our school website under Family Resources- Forms, or in the office/health room.

Please feel free to contact the Health Services Office with any questions or concerns. Here's to a healthy, safe, and successful school year!

**\*All medication must be supplied by the parent/guardian.**